

Stephen W. Carstensen, DDS

Title:

“Putting Airway Therapy to Work in Your Practice”

9:00am – 12:00pm 3 Units

Course Description:

Adding a new service to a busy practice is challenging. It requires new skills of team building, systems creation, and time management. Billing, continuing care, and appointment systems will all be impacted, so focusing on the rewards available will energize your team to make a bigger difference in your patient’s health than you thought possible.

Objectives:

- 1) Plan a team training program that will help every person see their role.
- 2) Develop systems for their practice that reduce barriers to implementation.
- 3) Use improved verbal skills to lead the patients to asking for therapy.

Title:

“Pediatric Airway Therapy 2019”

1:00 – 4:00pm 3 Units

Course Description:

Children are not just little adults and cannot be identified, diagnosed, treated, or followed the same as our adult patients with sleep related breathing disorders. We must reframe our entire thought process and rethink our clinical systems to help them grow to their maximum potential. In this talk, we’ll discuss how to identify children at risk from birth to adolescence, how to communicate to families and other providers, what treatments are possible and when, and how to follow these children to ensure their path to health.

Objectives:

- 1) Ask the right questions from families to identify children at risk for SRBD.
- 2) Discuss with families and other providers the various age-appropriate treatment options.
- 3) Outline how to begin habit correction therapy as soon as possible. Devise a follow-up plan to make sure kids are on a healthy growth plan.

Short Bio:

Steve Carstensen DDS has been treating sleep apnea and snoring since 1998, has completed UCLA’s Mini-Residency in Sleep, lectures internationally, directs sleep education at the Pankey Institute and is a guest lecturer at Spear Education, University of the Pacific, and Louisiana State University Dental Schools. He was in leadership at AADSM and was Chair of the 2010 ADA Annual Session. Since 2014 he has been Editor-in-Chief of Dental Sleep Practice Magazine. He co-founded Premier Sleep in Bellevue, WA, a practice devoted to helping people breathe better and sleep better.